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GOD'S NATURAL HEALING GARDEN

Eden Herbs and Foods Usages Chart

- ❖ **Acidity** - moringa, alkaline water, pawpaw
- ❖ **Acne** - neem or calendular cream, purifier and tonic / tisane, colon cleanse, neem capsules vitex if hormonal
- ❖ **Aging** - moringa, purifier and tonic / tisane, colon cleanse, shea butter, mucuna
- ❖ **Allergies** - purifier and tonic / tisane, colon cleanse, respiratory mixture, parasite cleanse
- ❖ **Alzheimer's disease** - virgin coconut oil, moringa, mucuna
- ❖ **Antioxidant** - neem leaves or capsules, moringa, cerasee, anamu
- ❖ **Anxiety** - lippia alba (twa tass), damiana, mucuna, veven
- ❖ **Appetite** to decrease - garcinia capsules
- ❖ **Arthritis** - turmeric, purifier & tonic / tisane, colon cleanse, arthritis & inflammation caps, fixion plus, pepper cream
- ❖ **Asthma** - respiratory mixture, purifier and tonic / tisane, colon cleanse, parasite cleanse, sanitizing oil.
- ❖ **Backache** - noni cream, noni oil, pepper cream, fixion plus, noni juice, arthritis & inflammation capsules
- ❖ **Belching** - gas mixture, colon cleanse, parasite cleanse, aloe juice, spirulina
- ❖ **Bloated** - gas mixture, colon cleanse, parasite cleanse, aloe juice, spirulina
- ❖ **Blood pressure – high** - neem leaves or caps, olive leaf capsules, cerasee, life leaf, purifier and tonic / tisane, colon cleanse, pawpaw, veven, black seed tincture,
- ❖ **Blood purifier** - neem leaves or capsules, purifier and tonic / tisane, colon cleanse, turmeric, aloe.
- ❖ **Blood thinner** - turmeric, anamu (gully root), stone breaker, circulation capsules
- ❖ **Bowel inflammation** - Stone breaker, lippia alba (twa tass), aloe, spirulina, turmeric, liquorice
- ❖ **Bowel cleansing** - bowel mixture (colon cleanser), aloe juice, parasite cleanse, spirulina
- ❖ **Boils** - purifier and tonic / tisane, neem leaves or capsules, anamu, spirulina, life leaf (topical)
- ❖ **Brain health** - virgin coconut oil, moringa, mucuna, eden vital
- ❖ **Bronchitis** - respiratory mixture, purifier and tonic / tisane, colon cleanse, thuja, sanitizing oil, mullein
- ❖ **Cancer – prevent** - neem leaves or caps, purifier and tonic / tisane, colon cleanse, cerasee, olive leaf, spirulina
- ❖ **Cancer – treat** - anamu (gully root), turmeric, colon cleanse, spirulina
- ❖ **Carbuncles** - neem leaves or capsules, purifier and tonic / tisane, colon cleanse, anamu, spirulina, life leaf (topical)
- ❖ **Cellulite** - fixion plus, pepper cream, purifier and tonic / tisane, colon cleanse, garcinia
- ❖ **Cholesterol** - policosamol, cinnamon, garcinia, stone breaker, olive leaves
- ❖ **Circulation** - circulation or pepper cream, purifier & tonic / tisane, moringa, colon cleanse, circulation capsules, eden vital
- ❖ **Cleanser – bowel** - bowel mixture, colon cleanse, aloe juice, parasite cleanse, spirulina
- ❖ **Cleanser – blood** - neem leaves or caps, purifier & tonic / tisane, colon cleanse, turmeric, aloe
- ❖ **Cold sores** - noni cream, neem cream, Moringa, neem leaves or capsules, thuja, olive leaf
- ❖ **Cold feet** - circulation cream, pepper cream, circulation capsules, eden vital

- ❖ **Colds** - respiratory mixture, purifier and tonic / tisane, colon cleanse, thuja, sanitizing oil, moringa
- ❖ **Colic** - gas mixture, stone breaker, colon cleanse, spirulina, parasite cleanse
- ❖ **Colitis** - lippia alba (twa tass), aloe juice, spirulina, parasite cleanse, liquorice
- ❖ **Constipation** - bowel mixture (colon cleanse) aloe juice, spirulina, parasite cleanse
- ❖ **“Cooling”** - neem leaves or capsules, purifier and tonic / tisane, colon cleanse, turmeric, aloe
- ❖ **Covid** - Artemesia or Ivermectin
- ❖ **Covid – post injection or infection** - covid detox or ivermectin etc, black seed tincture,
- ❖ **Cyst – ovarian** - vitex, St John’s bush, black cohosh
- ❖ **Dandruff** - rosemary cream, neem oil, purifier and tonic / tisane, colon cleanse,
- ❖ **Dark feet** - circulation cream, purifier and tonic / tisane, colon cleanse, circulation capsules
- ❖ **Dark skin blemishes** - shea butter, purifier and tonic / tisane, colon cleanse, dark and stretch cream
- ❖ **Dermatitis** - neem or calendular cream, purifier and tonic / tisane, colon cleanse,
- ❖ **Detox** - neem leaves or capsules, purifier and tonic / tisane, colon cleanse, turmeric, aloe
- ❖ **Diabetes** - neem leaves or capsules, cerasee, noni juice, olive leaf, spirulina, anamu, black seed tincture.
- ❖ **Diarhoea** - cinnamon capsules, purifier and tonic / tisane, twa tass, spirulina
- ❖ **Digestive disorders** - Liquorice. Mucuna. Twa tass, aloe juice, gas mixture, colon cleanse, spirulina, parasite cleanse
- ❖ **Dementia** - virgin coconut oil, moringa, mucuna, colon cleanse, purifier and tonic / tisane, eden vital
- ❖ **Dry skin** - shea butter, noni or neem cream, Moringa, purifier & tonic / tisane, colon cleanse, eden vital
- ❖ **Energy boost** - moringa, noni juice, purifier and tonic / tisane, colon cleanse, liquorice, spirulina, eden vital
- ❖ **Erectile dysfunction** - damiana, kalkan, Moringa, purifier and tonic / tisane, mucuna
- ❖ **Eyes** - moringa, neem leaves or capsules, purifier and tonic / tisane, colon cleanse
- ❖ **Farting** - mixture for gas, aloe juice, purifier and tonic / tisane, spirulina, colon cleanse, parasite cleanse
- ❖ **Fatigue** - moringa, noni juice, purifier and tonic / tisane, colon cleanse, Liquorice, eden vital, zesto HB spirulina
- ❖ **Fat loss** - garcinia capsules, purifier and tonic / tisane, colon cleanse
- ❖ **Fertility** - Vitex, Black cohosh, Mucuna, black seed tincture, purifier and tonic / tisane, colon cleanse,
- ❖ **Fibroid - prevent** - female monthly mixture, neem leaves or capsules, noni, colon cleanse, neprinol
- ❖ **Fibroid-treat** - neprinol, purifier and tonic /tisane, colon cleanse
- ❖ **Flatulence** - mixture for gas, purifier and tonic / tisane, aloe juice, spirulina, colon cleanse, parasite cleanse
- ❖ **Gall bladder stones** - Stone breaker, colon cleanse
- ❖ **Gas** - mixture for gas, spirulina, colon cleanse, parasite cleanse
- ❖ **Gout** - turmeric capsules, purifier and tonic / tisane, colon cleanse, arthritis and inflammation capsules, anamu
- ❖ **Hair conditioner** - shea butter, neem leaves or caps, purifier & tonic / tisane, rosemary hair & scalp cream
- ❖ **Hair growth** - rosemary cream, Moringa, purifier and tonic / tisane, eden vital, zesto HB
- ❖ **Heartburn** - aloe juice, stone breaker, purifier and tonic / tisane, colon cleanse, spirulina, mucuna.
- ❖ **Hot flushes** - sage, damiana, purifier and tonic / tisane, colon cleanse, black cohosh, circulation capsules
- ❖ **Hormonal imbalance** - damiana, sage, vitex, eden vital
- ❖ **Immune system booster** - neem leaves or caps, noni juice, moringa, anamu, purifier and tonic /tisane, colon cleanse, olive leaf, black seed tincture, spirulina, eden vital
- ❖ **Impotence** - kalkan, damiana, Moringa, purifier and tonic / tisane, colon cleanse, mucuna, eden vital, zesto HB
- ❖ **Indigestion** - aloe juice, lippia alba (twa tass), colon cleanse, mucuna, parasite cleanse, liquorice black seed,
- ❖ **Infertility** - sage, purifier and tonic / tisane, colon cleanse, vitex, mucuna, black cohosh, eden vital, black seed.
- ❖ **Inflammation** - neem, purifier & tonic /tisane, colon cleanse, turmeric, arthritis and inflammation capsules, anamu, black seed tincture
- ❖ **Insect bites and stings – prevent** - neem cream or oil, citronella cream or oil
- ❖ **Insect bites and stings – after** - purifier and tonic /tisane, colon cleanse, neem oil or cream, noni cream, life leaf (topical)
- ❖ **Insomnia** - lippia alba (twa tass), veven, mucuna
- ❖ **Itchy scalp** - rosemary cream, purifier and tonic / tisane, colon cleanse, neem oil
- ❖ **Joint pain** - arthritis and inflammation capsules, turmeric, purifier and tonic / tisane, colon cleanse, anamu
- ❖ **Kidneys** - purifier and tonic / tisane, stone breaker, life leaf
- ❖ **Kidney stones** - stone breaker
- ❖ **Light skin blemishes** - Cassia alata (lota) cream, purifier and tonic / tisane, colon cleanse
- ❖ **Liver cleanse** - cerasee, stone breaker, purifier and tonic / tisane, life leaf, turmeric

- ❖ **Liver rejuvenation** - stone breaker
- ❖ **Liver spots (lota)** - Cassia alata (lota) cream, purifier and tonic / tisane, colon cleanse
- ❖ **Memory** - virgin coconut oil, purifier and tonic / tisane, Moringa, mucuna, eden vital, black seed tincture.
- ❖ **Menopause** - sage, damiana, purifier and tonic / tisane, colon cleanse, circulation capsules, vitex, black cohosh
- ❖ **Menstrual cramps** - female monthly mixture, St John's bush, circulation capsules, zesto HB
- ❖ **Migraine** - stone breaker, purifier and tonic / tisane, colon cleanse, twa tass, veven
- ❖ **Mosquito bites – prevent** - neem oil or cream, citronella cream, sanitizing oil
- ❖ **Mosquito bites – after** - purifier & tonic / tisane, colon cleanse, neem or noni cream, dark and stretch marks cream
- ❖ **Muscle pain** - pepper cream, noni cream, fixion plus, purifier and tonic / tisane, colon cleanse
- ❖ **Nausea** - purifier and tonic / tisane, colon cleanse, gas mixture, spirulina, parasite cleanse
- ❖ **Nutritional supplement** - moringa, noni juice, virgin coconut oil, eden vital, zesto HB
- ❖ **Ovarian cyst** - Vitex, St John's bush, black cohosh
- ❖ **Parasites** - thuja, colon cleanser, parasite cleanse, spirulina, artemesia
- ❖ **Period pains** - female monthly mixture, St. John's bush, vitex, circulation capsules, zesto HB
- ❖ **Piles** - noni cream, bowel mixture/colon cleanse, aloe juice, stone breaker
- ❖ **Pimples** - purifier and tonic / tisane, colon cleanse, neem leaves or capsules, neem cream, vitex if hormonal, life leaf (topical).
- ❖ **Premature ejaculation** - damiana, Moringa, purifier and tonic/tisane, mucuna, kalkan, eden vital, zesto HB
- ❖ **Prostate** - neprinol, neem leaves or capsules, noni juice, anamu, damiana
- ❖ **Purge – need for** - bowel mixture (colon cleanse), spirulina
- ❖ **Rheumatism** - arthritis & inflammation capsules, turmeric capsules, neem leaves or capsules, anamu, noni leaf
- ❖ **Ring worm** - Cassia alata (lota) cream, purifier and tonic / tisane, colon cleanse
- ❖ **Sedative** - lippia alba (twa tass), veven, mucuna
- ❖ **Sexual performance** - damiana, moringa, kalkan, mucuna, eden vital, zesto HB
- ❖ **Sinus problems** - respiratory mixture, purifier and tonic / tisane, colon cleanse, noni juice, thuja, sanitizing oil, mullein
- ❖ **Skin** - shea butter, neem leaves or caps, purifier and tonic/tisane, colon cleanse, moringa, calendular cream
- ❖ **Sleep** - lippia alba (twa tass), veven, mucuna
- ❖ **Stamina** - purifier and tonic / tisane, moringa, noni juice, kalcar, olive leaf, spirulina, eden vital, zesto HB
- ❖ **Stomach** - Stonebreaker, aloe juice, spirulina, colon cleanse, mucuna.
- ❖ **Stress** - lippia alba (twa tass), moringa, noni juice, veven, liquorice
- ❖ **Stretch marks** – shea butter, purifier and tonic / tisane, colon cleanse, dark and stretch cream
- ❖ **Sweating – too much** - sage, purifier and tonic / tisane, colon cleanse
- ❖ **Sweating – not enough** - cinnamon capsules, purifier and tonic / tisane
- ❖ **Thyroid – underactive** - bladderwrack, moringa, eden vital
- ❖ **Tiredness** - purifier and tonic / tisane, colon cleanse, moringa, noni juice, olive leaf, liquorice, eden vital, zesto HB
- ❖ **Tonic** - purifier and tonic / tisane, colon cleanse, moringa, noni juice, olive leaf, spirulina, eden vital, zesto HB
- ❖ **Tranquilizer** - Lippia alba (twa tass), veven, mucuna
- ❖ **Viral infection** - thuja, Stone breaker, olive leaf
- ❖ **Vision** - moringa, neem leaves or capsules, purifier and tonic / tisane, colon cleanse
- ❖ **Warts** - thuja, eden vital
- ❖ **Weight loss** - Garcinia capsules, purifier and tonic / tisane, bowel mixture (colon cleanse), spirulina
- ❖ **Womb cleanse** - female monthly mixture, St. John's bush
- ❖ **Wrinkles** - moringa, shea butter, purifier and tonic / tisane, colon cleanse, dark and stretch cream, calendular
- ❖ **Yeast in bowel** - spirulina, lippia alba (twa tass), aloe juice

CAUTION: Treatments with our Eden Herbs products are provided for information. The suggested dosages are on the packaging.

DISCLAIMER: We make no medical claims, nor intend to diagnose, treat, or heal medical conditions. You may need to have a medical consultation for accurate assessment of your condition.